

37<sup>TH</sup> I.V.U. WORLD VEGETARIAN CONGRESS - GOA (4) THE VEGETARIAN SOCIETY(REVERENCE FOR LIFE)

| TIME                     | SPEAKER                                                                    | PLACE         | TOPIC                                    | LANG.           | RMK. |
|--------------------------|----------------------------------------------------------------------------|---------------|------------------------------------------|-----------------|------|
| 01.10 p.m. to 02.00 p.m. | LUNCH BREAK                                                                |               |                                          |                 |      |
| 03.30 p.m. to 05.30 p.m. | Puj. Bhupendrabhai Pandya                                                  | Mumbai, India | Religious Discourses - Bhagwad Gita      | English & Hindi | --   |
| 09.30 a.m. to 09.45 a.m. | AT OYSTER - II<br>Opening Remarks, Felicitation & Introduction of Speakers |               |                                          |                 |      |
| 09.45 a.m. to 10.30 a.m. | Dr. (Mrs.) Veena Londhe                                                    | Mumbai, India |                                          | Hindi           | --   |
| 10.30 a.m. to 11.15 a.m. | Mrs. Kunda Ganatra                                                         | Mumbai, India | Tips for Eye Care                        | English         | --   |
| 11.15 a.m. to 11.30 a.m. | BREAK                                                                      |               |                                          |                 |      |
| 11.30 a.m. to 12.15 p.m. |                                                                            |               |                                          |                 |      |
| 12.15 p.m. to 01.00 p.m. | Dr. Mrs. Shernaz B. Avari                                                  | Mumbai, India | Heart Care Through Naturopathy           | English         | --   |
| 01.00 p.m. to 01.10 p.m. | Vote of Thanks & Announcements if any                                      |               |                                          |                 |      |
| 01.10 p.m. to 02.00 p.m. | LUNCH BREAK                                                                |               |                                          |                 |      |
| 05.30 p.m. to 06.30 p.m. | Puj. Chitrabhanuji                                                         | Mumbai, India | Religious Discourses                     | English         | --   |
| 07.00 p.m. to 8.30 p.m.  | Dinner                                                                     |               |                                          |                 |      |
| 08.30 p.m. onwards       | Entertainment Program                                                      |               | Rajasthan Folk Dance & Culture Part - II |                 |      |

WEDNESDAY, 13<sup>TH</sup> SEPTEMBER, 2006

|                                                     |                                 |            |                              |  |  |
|-----------------------------------------------------|---------------------------------|------------|------------------------------|--|--|
| 06.30 a.m. to 08.00 a.m.                            | Dr. N. Ganesh Rao               | Unicorn    | Asana                        |  |  |
| 06.30 a.m. to 08.00 a.m.                            | Dr. G. B. Sharma                | Oyster- I  | Therapeutic Yoga             |  |  |
| 06.30 a.m. to 08.00 a.m.                            | Mr. P. S. Aggarwal              | Oyster- II | Pranayama & Meditation       |  |  |
| 08.15 a.m. to 09.00 a.m.                            | Breakfast                       |            |                              |  |  |
| 09.30 a.m. to 10.30 a.m.                            | Dr. Gunvant Shah                | Unicorn    | (In Gujarathi / Hindi)       |  |  |
| 10.30 a.m. to 12.00 noon                            | Pujyashree Bhupendrabhai Pandya | Unicorn    | (In Gujarathi / Hindi)       |  |  |
| <b>Off Day for Tours / Sight Seeing / Shopping</b>  |                                 |            |                              |  |  |
| <b>Annual General Meeting Of I. V. U. 5.30 p.m.</b> |                                 |            |                              |  |  |
| 07.00 p.m. to 8.30 p.m.                             | Dinner                          |            |                              |  |  |
| 08.30 p.m. onwards                                  | Entertainment Program           |            | Goan Music Band - Live Music |  |  |

THURSDAY, 14<sup>TH</sup> SEPTEMBER, 2006

| TIME                     | SPEAKER                                                  | PLACE         | TOPIC                               | LANG.   | RMK. |
|--------------------------|----------------------------------------------------------|---------------|-------------------------------------|---------|------|
| 06.30 a.m. to 08.00 a.m. | Dr. N. Ganesh Rao                                        | Unicorn       | Asana                               |         |      |
| 06.30 a.m. to 08.00 a.m. | Dr. G. B. Sharma                                         | Oyster- I     | Therapeutic Yoga                    |         |      |
| 06.30 a.m. to 08.00 a.m. | Mr. P. S. Aggarwal                                       | Oyster- II    | Pranayama & Meditation              |         |      |
| 08.15 a.m. to 09.00 a.m. | Breakfast                                                |               |                                     |         |      |
| <b>AT UNICORN</b>        |                                                          |               |                                     |         |      |
| 09.30 a.m. to 09.45 a.m. | Opening Remarks, Felicitation & Introduction of Speakers |               |                                     |         |      |
| 09.45 a.m. to 10.30 a.m. | Puj. Bhupendrabhai Pandya                                | Mumbai, India | Religious Discourses - Bhagwad Gita | English | --   |
| 10.30 a.m. to 11.15 a.m. | Mr. Alex Hershafit                                       | USA           | Strategy for a Vegetarian World     | English | --   |